



IP Face-off Festival 2017 Coach Guidelines & On-Ice Overview

Hockey Manitoba's IP Face-off Festivals will be again be one of the largest and most impactful grassroots initiatives developed in recent years. The scope of the project sees a collaborative hosting effort by Hockey Manitoba, its regional bodies and minor hockey associations. Approx. 20 sites across the province will host over 3,000 Initiation aged players this season!

The objectives of this initiative are to create a fun and exciting event for Initiation aged players, while promoting cross-ice hockey and skill development, educate parents on long term player development principles and age appropriate training, and begin to create a sustainable IP Coach Mentorship program throughout the branch.

Hockey Manitoba would like to sincerely thank you for dedicating your time as a coach to create a positive hockey experience for our children.

EVENT STRUCTURE

Please have your teams dressed and ready to go approx. 10 minutes prior to your scheduled ice time.

Each Hockey Manitoba IP Face-off on-ice session will be structured as follows:

- 0 - 28 Minutes Team Practice Sessions in each of the three (3) zones
- 28 - 30 Minutes Water Break/Organize Players in groups (see below)
- 30 - 32 Minutes National Anthem
- 32 - 60 Minutes Cross Ice Games in each of the three (3) designated zones

The event is structured with three teams on the ice per hour. Your Association/Host will provide you with your specific ice time and dressing room assignments. The ice surface will be broken down into three (3) cross-ice zones, separated by dividers.

For the first 28 minutes, each team will remain together in one of the zones, and will work through a Team Practice Session that includes a variety of drills/games created by Hockey Manitoba that are simple, designed for fun, fundamental skill development and optimal learning opportunities for you as coaches. There will be two (2) mini nets in each zone for use. Pylons, pucks (preferably 8oz blue pucks) and a bucket or puck bag will also be required, please ensure you bring this equipment with you.

The 2nd half of the on-ice session will consist of three (3) cross-ice games. Each team will break into three (3) groups designated as "A", "B" or "C", with the "A" group consisting of the teams most developed players and the "C" group consisting of players that require the most support. Each group will normally consist of 3-4 players.

This will result in each cross-ice zone having three (3) groups of equal ability participating in cross-ice games. Two (2) groups will play and one (1) group will sit on the divider (off to the side near the boards) during each shift. Shifts will be two (2) minutes running time in length, and a buzzer will sound to designate a shift change. This will result in each group playing two (2) two-minute shifts consecutively, followed by a two-minute break. Equal playing time for everyone!

To enhance the experience and create a fun atmosphere for the players, when possible there will be music (background) played during the cross-ice games to help create a fun atmosphere. In addition, prior to the cross-ice games, and once the teams have been divided into groups and each group has found their way to their appropriate zone, coaches will have all players line up across each cross-ice zone (facing the flags if applicable) for Oh! Canada. Games will commence immediately following the national anthem.

TEAM PRACTICE SESSION

Please refer to "**IP Face-off Festival - Team Practice Session**" document for a detailed outline of each game/drill, complete with descriptions, key teaching points, variations and/or progressions. Although this plan will be used at all IP Face-off Festival events, coaches and mentors should discuss and feel free to add any other basic skills and fundamentals to each drill/game, depending on the abilities of your players.

- 0 - 7 Minutes Freeze Tag
- 8-14 Minutes 4-Cone Stopping/Gliding with Pucks
- 15-21 Minutes Fill the Bucket/Net
- 22-28 Minutes Puckhandling Give and Go

IP MENTORS

There will be two (2) IP Mentors overseeing on-ice activities and working with the coaches. This provides an opportunity for you to ask questions, learn appropriate skill development and skill correction techniques, while meeting some of the mentors that will hopefully work with your team at some point during the season. It is important to clarify that each team's coaching staff will be on the ice, running the drills/games etc. with the IP Mentors there in a supporting and guiding role.

PARENT PRESENTATION

Hockey Manitoba personnel will be on-site conducting parent presentations during the event. Each presentation will begin approx. at the same time as your team's on-ice session, and will last for approx. 30 minutes. Please assist us in ensuring your parents attend this presentation! ***This is where they will also get a copy of our updated Made in Manitoba Development Model booklet along with our "Future of Hockey Manitoba" t-shirts for your players!*** Following the presentation, parents will be able to watch the remaining half of the on-ice session.

IT'S ABOUT FUN!

Host Associations and sites have been encouraged to create a festival-like atmosphere, and provide additional fun activities and/or giveaway for your players. This will vary at each site, however we hope that the day is enjoyable for your coaching staff and a ton of fun for the kids!

Thank you again, and have a great hockey season!

HOCKEY MANITOBA

